

Child Care Connections

We are a registered private non-profit agency that has been serving our 10 county region since 1979. As an advocate for high quality child care programs, Child Care Connections regularly assists child care professionals with

- a lending library
- trainings that focus on the care of children with special needs, infants and toddlers, and curricular enhancement
- advancements in education and training
- resources and information
- technical assistance
- sponsorship of the Child and Adult Care Food Program
- coordinates with other agencies to address issues affecting children and families

Parents are served through provider referrals and access to parenting resources and information. For a list of providers, parents and guardians may visit:
www.greatstartconnect.org

Our Service Area

We serve the following counties:

Antrim
Benzie
Charlevoix
Grand Traverse
Kalkaska
Leelanau
Manistee
Missaukee
Wexford



(231) 941-7767 or (800) 968-4428 (toll free)
(231) 941-9412 (fax)

www.childcarenwmi.com

Our Mission

To promote and strengthen quality child care.



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Understanding Your Child's Development

Eleven Months Old



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TWELVE MONTHS

Child development not only encompasses a child's growth, it also shows the path as a child becomes able to do more complex activities. Although the "age specific tasks" listed can be used as benchmarks, the actual development rate is different for each and every child. These tasks are not tests; instead they indicate a continuum that human development follows. The differences from one individual to another are just a small part of what make each child so unique.

Physical Development

Measures: 27"-32"

Nutrition: A twelve month old eats the same food as the rest of the family. Bite sized pieces are good to offer so that he can feed himself. The sucking need has diminished and there is no need for a bottle after twelve months.

Sleeps: He can sleep up to ten to twelve hours per night, and naps are taken one to two times daily (usually a shorter morning nap and longer afternoon nap).

Weighs: eighteen to twenty-six pounds

Movement

Gross Motor: A twelve month old can usually walk on his own, and enjoys climbing stairs or play equipment.

Fine Motor: The twelve month old is using his thumb and first and second finger to pick up and grasp things with much more precision. He loves to take objects in and out of different containers, along with opening and closing them.

Intellectual Development

Perception: A twelve month old is more aware of object permanence. Objects are viewed as separate and detached. The world looks new with his new-found mobility.

Interest: A twelve month old manipulates objects, rotates, reverses, stacks, nests, opens, and sometimes closes.

Problem-solving: He can remember events for a longer period of time. Through experimentation, he can find new ways to solve problems. He learns through trial and error.

Socio-emotional Development

Expressive: A twelve month old clearly expresses emotions and can recognize them in others.

Interaction: He distinguishes himself as separate from others. He remains close to those he

is attached to. He shows affection to others and is an active explorer of the environment around him.

Language

Nine to fifteen months is the Transition stage with language. The first deliberate words are spoken. He mimics and begins language with nouns. He can learn please and thank you, and the understanding is progressing much more quickly than the spoken word. He wants to communicate and gets frustrated when he cannot. He goes along with simple requests and can point. He attempts many new words and vocal sounds. Now he will use gestures combined with vocals to get what he wants, and he will try to sing. It is important to engage in conversation with him.

Activities

A twelve month old needs space and opportunity for movement. He enjoys taking clothing in and out of drawers, and he can be involved in the dressing process. It is important to provide a variety of books and to read with him daily. Provide containers for him to open and close and nesting objects. He enjoys trying to eat with a spoon. Conversations about activities and objects are important for him.